HOW YOUR DOLLARS HELP

The ALS Association Mid-America Chapter
- $10 covers a set of devices for assistance with daily living such as utensils, zipper and button pulls, etc.
- $25 provides 20-minute consultation with a Care Services Specialist.
- $50 covers the loan of a walker.
- $100 provides the loan of a device to assist in communication.
- $250 pays for one home visit.
- $400 supports the Chapter’s Respite Program.
- $500 covers one-third of the cost to send an individual with ALS to Advocacy Day in Washington D.C.

Alzheimer’s Association Nebraska Chapter
- $100 provides education and support packets to 20 families that utilize the 24/7 Helpline.
- $200 provides a family an hour-long care consultation with a trained, Master's level health professional.
- $480 provides scholarships for eight family caregivers to attend our annual Dementia Care Conference.
- $500 enrolls 10 individuals living with dementia in the MedicAlert®+Alzheimer’s Association Safe Return® identification program.
- $1,000 enables 20 families living in the early stages of the disease to participate in support groups for one year.

American Diabetes Association of Nebraska
- $10 pays for educational materials to be handed out through community events like health fairs and workshops.
- $50 pays for a "Get Fit Don’t Sit" toolkit, "Wellness Lives Here" toolkit or "National Healthy Lunch Day" toolkit.
- $50 provides an Everyday Wisdom kit to help families with children who have type 1 diabetes.
- $100 pays for more than one minute of research.
- $200 helps pay for awards and toolkits for the Health Champion designation.

American Lung Association in Nebraska
- $15 gives one parent of a child with asthma access to a lung health hotline.
- $45 educates three women about lung cancer.
- $75 helps 100 Americans assess their lung cancer risk with our online assessment tool.
- $100 educates one healthcare provider about the latest COPD treatment information.
- $110 supports one day of research to find a cure for asthma or other lung disease.
- $120 helps one person quit smoking through group workshops.
- $150 gives 10 people with lung cancer access to a lung cancer hotline.
- $250 teaches 10 children how to manage their asthma.
- $275 supports one day of research toward finding a cure for lung cancer.
- $300 gives 20 people with COPD access to a COPD hotline.

Arthritis Foundation Nebraska

- $10 provides a free Better Living Toolkit to a person with arthritis. The kit includes a variety of resources and tools to help individuals manage their arthritis in daily life.
- $23 helps support a JA family.
- $50 provides a free JA Power Pack to a child with juvenile arthritis, which includes a special teddy bear that can be heated or chilled, and a resource book for parents.
- $500 provides a full scholarship to Camp Spirit for a child with juvenile arthritis.

Autism Action Partnership

- $10 gives an adult on the spectrum an opportunity to role-play a job interview with a PACE Career Advisor.
- $25 provides a career assessment session for an adult with autism.
- $50 provides two caregivers and one child admission to the Henry Doorly Zoo for a sensory-friendly zoo experience.
- $125 provides onsite job coaching for an adult with autism for one 8-hour work day.
- $300 allows a school to conduct several social skill events for their Circle of Friends group.
- $500 provides 3 days of coaching and support to Circle of Friends groups.

Brain Injury Alliance of Nebraska

- $35 connects individuals to community resources, such as comprehensive packets for anyone starting their journey toward healing.
- $50 helps support the Brain Injury Annual Conference.
- $100 educates parents, players and coaches of club sport programs about how to properly identify and manage a concussion.
- $500 helps provide resource facilitation for someone with a brain injury.
Crohn's & Colitis Foundation, Nebraska/Iowa Chapter
- $25 helps support live education events in our communities.
- $220 provides educational materials to medical professionals.
- $500 provides nearly half the cost for a child to attend summer camp.

Leukemia & Lymphoma Society – Nebraska Chapter
- $10 funds one monthly session of one family support group.
- $25 provides a partial reimbursement for daily living expenses incurred by a family whose loved one is undergoing a bone marrow transplant in Omaha.
- $50 provides materials for one classroom enrolled in the Student Series program and allows for an active “Staying Connected” program for the school.
- $100 allows one researcher to grow cells in a lab for ten weeks in an effort to better understand how a new blood cancer therapy may work.
- $250 provides one month of information and referral services and peer support contact via the First Connection Program.
- $500 provides support for two “TeleHealth” program transmissions for patient/family education programs statewide.

March of Dimes, Nebraska & Western Iowa Market
- $10 provides a Teen-to-Teen video and educational materials for high schools or organizations that work with young people.
- $25 provides a Parent Care Kit for families with babies in the NICU.
- $50 provides a six-month supply of smoking cessation educational materials for one organization that serves young women.
- $100 provides six "Baby Basics" books to a community clinic.
- $250 provides Becoming a Mom curriculum to a clinic serving low-income women plus additional material.
- $500 provides “Becoming a Mom” curriculum to two clinics serving low-income women plus additional materials.

Muscular Dystrophy Association of Nebraska
- $25 provides a flu shot for an MDA client.
- $100 buys one activity for one camper at MDA Summer Camp.
- $250 buys 3.8 minutes of research.
- $500 provides one week of medical supplies at camp for one child.
- $2,000 can send one kid to MDA Summer Camp for a week.
**National MS Society - Mid America Chapter**

- $10 provides a person newly diagnosed with multiple sclerosis crucial information and support resources to help them cope with the new diagnosis.
- $50 provides one Thanksgiving Dinner to a family living with MS through our Traveling Turkeys program. The gift of this meal reduces the stress of the holidays for care partners and minimizes the financial burden for the whole family.
- $100 purchases a cooling vest for a person with MS who is dealing with heat-related challenges that warm weather can often bring. This vest allows them to continue enjoying activities outdoors during the difficult summer months.
- $150 replaces a battery for an electric wheelchair or scooter, allowing people to have more independence and freedom.
- $250 covers costs for housing or utilities to help reduce the economic impact of living with an expensive chronic disease.
- $500 provides two weeks of in-home chore services for a person with MS who is having trouble completing tasks such as laundry, vacuuming, dusting, etc.
- $800 installs a set of hand controls for an automobile to make it accessible, this will enhance the independence of the person living with MS.
- $1,500 mails one quarterly issue of the MS Connection to all Nebraskans with MS.

**Nebraska AIDS Project**

- $25 provides our agency with the ability to provide 31 “safe sex” kits.
- $50 provides transportation to medical appointments for 12 individuals.
- $100 provides free and confidential testing to 10 individuals.
- $200 provides prevention education and outreach to 100 at-risk youth.
- $250 provides moving expenses and housing supplies to one individual.

**Nebraska Chapter of the National Hemophilia Foundation**

- $10 buys a ticket for a child to attend the Annual Red/White Game and Tailgate to network with other children living with bleeding disorders across the state and experience a family outing to watch the Huskers.
- $25 provides one family a gas card to travel from a rural community to visit their Hematologist at the Omaha Hemophilia Treatment Center.
- $100 helps support the Kearney Education Day.
- $125 helps support Family Camp. At Family Camp, families are able to participate in traditional camp activities, such as canoeing, hiking, archery, water slides, zip lines, etc., as well as an infusion clinic for youth with bleeding disorders. They can also receive updated information about new trends in treatment and services for families impacted by bleeding disorders, all with the supervision and guidance of trained nurses and staff.
- $200 helps support the Family Education Weekend.
Nebraska Community Blood Bank

- $50 pays for additional testing to precisely match a blood donor to a patient with sickle cell disease.
- $175 pays for additional testing to precisely match a blood donor to a cancer patient.

Nebraska Hospice and Palliative Care Association

- $10 provides a hospice agency with 100 Palliative Scale worksheets to help Nebraska families determine if their loved ones are ready for hospice care.
- $25 puts packets on end-of-life care in the waiting rooms of five family practice physicians.
- $50 gives all Nebraska legislators a copy of the Nebraska End-of-Life Survey Report.
- $170 provides a scholarship for a hospice professional to attend the “Living a Good Life...at the End of Life” Conference.
- $250 covers expenses related to airing hospice public service announcements on television stations across the state.
- $1,500 brings experts to an in-house workshop to train hospice professionals on managing symptoms of hospice patients.

Nebraska Kidney Association

- $10 can provide one patient education booklet to a new Kidney patient to better understand their disease, treatment options available, coping, nutrition, and services available through the Nebraska Kidney Association.
- $25 will pay for two medical alert jewelry bracelets or necklaces.
- $50 helps pay for the cost of the Joint Council Workshop.
- $100 can provide a KEDS screening for one individual.
- $150 can meet the need for an emergency financial assistance request.

Susan G. Komen® Great Plains

- $20 per month helps fund an annual mammogram.
- $50 helps a breast cancer patient with transportation assistance to screening, diagnostic or treatment appointments.
- $100 gives someone the opportunity to participate in an eight-week survivorship support education class.
- $250 gives an uninsured woman access to various screening or diagnostic procedures.
- $500 is the average cost of core-needle biopsy for someone without insurance.
Team Jack Foundation
- $10 funds 8 minutes of a clinical trial providing new treatments for a child fighting a brain tumor.
- $25 funds 20 minutes of a clinical trial.
- $50 funds 40 minutes of a clinical trial.
- $100 funds 1 hour 20 minutes of a clinical trial.
- $250 funds 3 hours 17 minutes of a clinical trial.
- $500 funds 6 hours 34 minutes of a clinical trial.

United Cerebral Palsy of Nebraska
- $7 helps support the Tech Tools Developmental Library.
- $50 provides materials and supplies for a toy-adapting workshop to help modify everyday toys for all ages and abilities.
- $100 supports the Caregiver retreat, which provides emotional, physical and mental respite that is essential to a family or professional caregiver.
- $500 pays for half of a Client Assistance Grant, which help with things such as adaptive equipment, assistive technology, transportation and home or vehicle modifications.