

# United in Health

## ***Did You Know?***

*Cystic Fibrosis is a life threatening genetic disease that affects the lungs and digestive systems of approximately 30,000 children and young adults in the U.S.*



Amy and **Ann** (pictured on the right) were close childhood friends whose friendship only grew as they got older. Amy said that Ann was a great inspiration to her because she possessed a positive attitude, despite the fact she lived with Cystic Fibrosis. “Ann had a disease that would make a lot of people spend their days feeling sorry for themselves, but she looked at it as a challenge and broke records and beat the odds.”

As a high school senior, Ann received a track scholarship to Nebraska Wesleyan. After graduating college, Ann married her high school sweetheart, with Amy by her side. The two girls had a dream of moving back to the same town, living next door to each other and raising horses.

When Ann was in her mid-20s, she started getting sicker and sicker and eventually needed a lung transplant, which she got in early winter 2008. But in early summer of the same year, the lungs started to fail, and Ann passed away in July 2008.

Amy got involved with the **Cystic Fibrosis Foundation** after moving back to Lincoln from Kansas City. “I think it’s important to spread the word and preserve Ann’s legacy. Ann thought she could do anything she wanted to, and she packed everything into 25 years.”

